GMF or genetically modified food. Have you ever eaten them? Are you sure? I bet you have without knowing it. In fact there are very few foods today that man hasn't modified or changed. Plants and animals can be GMF by mutation, natural or man induced cross pollination or by gene modification. All the scientific studies that I've have seen indicate that is no danger in consuming GMf foods. Without the benefits of these foods the world's food supply would be much less. Let me ask you "what evidence or proof do you have that GMF are dangerous?" I'm afraid that we have heard tales about the dangers of them and have accepted them as fact. But don't you think that we should check the facts so that we will know the truth about things that are so important to us?