

<http://themindunleashed.org/2014/03/conscious-subconscious-unconscious-mind-work.html>

But the really neat trick is that the subconscious can't distinguish between that which the conscious mind imagines and that which is real, so whatever is brought up by conscious imagination and intently focused on, also brings up all the emotions and feelings that are associated with that image in your mind for you to experience.